



ENJOY THE OUTDOORS – FOR YOUR HEALTH

Camping and caravanning can help people improve their health - if you have the right equipment

It is a worrying fact that more and more Australians suffer from depression. One in three workers have used at least one day of their sick leave for mental health or stress in the past 12 months. Moreover, overuse of technology, especially among teens, is leading to growing levels of depression, inattention, sleep deprivation, and even suicide from excessive screen time.

HOW YOU CAN IMPROVE YOUR HEALTH

- Exposure to natural environments reduces depression and anxiety symptoms.

- Walks in natural settings can improve short term memory by nearly 20%.
- Four days of immersion in nature, and the corresponding disconnection from multi-media and technology, increases performance on creativity and problem-solving tasks by 50%.

BEING OUTDOORS DELIVERS TRUE HEALTH BENEFITS

Seasonal increases in sun time are associated with decreased emotional distress.

A week of camping resets the body's internal clock to sunrise and sunset – helping insomnia and sleep problems.



An Air Beam from the Orbit Air Annexe

IS IT ANY WONDER PEOPLE ARE TURNING TO THE GREAT OUTDOORS?

Go camping or caravanning! Reduce your stress, recharge your batteries, help make your family happier and improve relationships with your kids or partners.

CHALLENGES FOR TODAY'S CARAVANNERS

Just packing your caravan or camper trailer and hitting the road does not solve all your issues. Caravan enthusiasts face various challenges these days. One of them is that they don't have enough room for everything they need – technology has not been keeping up with caravanners' needs and wants.

Regulations tie down what you can carry. Camper and caravan trailer types have different weight restrictions limiting what you can store inside and 'stuffing' your vehicle can cost you. Space is at a premium in a caravan! An easy solution for this is choosing the right annexe to expand your private camping space and improve your outdoor experience.

ARE YOU USING THE BEST CARAVAN ANNEXE?

Smart caravanners want hassle-free accessories so they can focus on



WHY ORBIT® AIR ANNEXE?

- ✓ No more poles!
- ✓ Easy and quick set-up
- ✓ Heavy-duty robustness – military mainstay!
- ✓ More affordable – don't get ripped off!
- ✓ Compact – saving weight while creating more space for important things



enjoying their caravan adventures. When choosing your annexe, make sure it is suitable for the Australian climate. Locals know that sunburn happens faster than you realise, weather and wind conditions can get extreme, and you have to be aware of possible unwanted hosts living in the Aussie outdoors.

Furthermore, the set-up of traditional awnings involves connecting as many as 15-30 poles and can take as much as two hours. Then, there's the infamous 'missing pole' that got bent or lost on the last trip and was never replaced, so the annexe can't be set up.

INTRODUCING ORBIT® AIR BEAM TECHNOLOGY

It's all about convenience and comfort! Caravanning should be about relaxing and enjoying yourself, not spending precious time erecting old-fashioned pole-and-canvas annexes. Orbit® Air Beam technology makes setting up your annexe a breeze – it's so quick and easy to fit, you won't believe how soon you'll be all set up and sipping your favourite drink.

TOP REASONS TO CHOOSE AN ORBIT® AIR ANNEXE WITH AIR BEAM TECHNOLOGY

- Reduces weight and occupies a small storage area, freeing up space for more important things
- Simple fit and easy installation
- Light-weight but heavy-duty 300D micro-weave polycotton canvas in a small light-weight package

- Superior UV protection - level UPF 50+
- Advanced cooling & ventilation
- Designed to keep out insects and other social undesirables
- More robust than traditional poles which can bend or even snap in high winds

CARAVAN ANNEXES BUILT TOUGH FOR AUSTRALIA'S CLIMATE

Purple Line, the makers of the multi-award winning Air OPUS® camper trailer, have developed the inflatable Orbit® Air Annexe range in order to deliver a better caravanning experience and make it more affordable for everyone. Thanks to the Orbit® Air Caravan Annexe portfolio, you can have the most durable, long-lasting annexe in the market that uses today's proven technology. Choose from the range to best suit your needs:

- Orbit® Air Comet 325
Low / High Dimensions: 325W x 240D x 255H / 275H
- Orbit® Air Comet 390
Low / High Dimensions: 390W x 240D x 255H / 275H
- Orbit® Air Astro 325
Low / High Dimensions: 325W x 240D x 255H / 275H
- Orbit® Air Astro 390
Low / High Dimensions: 390W x 240D x 255H / 275H

CONTACT

For more details about the Orbit® Air Annexe range check out www.orbitairtech.com.au or give us a call at (03) 9588 2959.